Fill your home with words

Your child learned to talk by hearing many words every day. Now that she’s learning to read, seeing lots of words will make them familiar to her when she comes across them in books. Use these ideas to surround your youngster with words.

Label

On sticky notes, help your child label furniture, toys, and appliances with their names. She could put each note on the correct item, then walk around the house and see how many words she can read. Idea: Let her create a nameplate for each person’s door — and even put one on the dog’s food bowl or the fish tank.

Post

Use colorful tape to mark off a “bulletin board” on the refrigerator. Your youngster can post all kinds of things to read. Examples: The school cafeteria menu, notes from you, a joke. Then, make time daily to read the board. For instance, before school, help her check the menu to find out what’s for lunch.

Collect

Cut construction paper into fourths and staple the pieces together to create word books. Your child might title one “Food Words,” then cut words like cereal and rice from food packages and glue them all over the pages. She could put her books on a shelf or on the coffee table to pull out and read whenever she likes.

My school story

“What did you do in school today?” Instead of having your child tell you, encourage him to write it down. He’ll work on putting events in order, and you’ll learn all about his day.

Ask your youngster to write a sentence about what he did first. Example: “I rode the school bus.” Then ask, “What happened next?” He might write: “We had reading and writing time. I went to lunch and ate with my friends. We did math.”

Tip: If your child isn’t writing yet, let him dictate his story to you.
Books and the great outdoors

Reading can be a quiet indoor pastime for your youngster—or a playful outdoor adventure! In your backyard or at the park, read stories that take place outside. Then, try these suggestions for helping your child make connections between books and his world.

Retrace a picture. Let your youngster choose an illustration from a book and use props to make his own real-life version of it. If the picture shows a pond with lily pads, he could float leaves on a puddle. Or if there’s an illustration of a bear in a cave, maybe he’ll use sticks and rocks to build a miniature hideaway for his teddy bear.

Explore science. Do a science activity related to a book. Say the main character in a story is an earthworm. Your child might observe worms on the sidewalk after a rainstorm to see how they wriggle. Or after reading about a windy day, he may want to make a colorful wind sock to see which way the wind is blowing.

Fun with Words

A back-to-school recipe

Your youngster can practice writing instructions as she whips up a recipe for a great school year!

Together, read recipes for favorite dishes so she sees how they include an ingredients list and step-by-step instructions. Then, suggest that your child write her own list of ingredients for a great school year. Example: “I friendly teacher, ½ cup reading, a dash of recess.”

1. Combine 1 friendly teacher with ½ cup reading.
2. Sprinkle in a dash of recess.
3. Add ½ cup math games.

Next, she should write a step for each ingredient. Encourage her to use cooking words like those in the recipes she read (stir, combine, blend).

Finally, listen while your youngster reads her finished recipe to you.

Q&A

Read-alouds for new readers

My son loves it when I read to him. Now that he’s learning to read on his own, what should I do differently at story time?

Simply continuing to read aloud to your son is one of the best ways to support his reading. Kids who have pleasant experiences with books tend to become better readers.

Try following your child’s lead at story time. If he points out words he knows, offer encouragement. (“You’re right, that word is blue.”) Or if he asks what a word means, give a quick kid-friendly explanation. ("Locomotive is a big word for train.")

Also, share your reactions to the book, and let your son do the same. Example: “I was really hoping the train would make it up the hill. Did you think it would?” You’ll find that talking about stories is a natural way to boost his comprehension.

Let’s do research!

My daughter Kara asks a lot of questions. During a recent trip to the library, we read a nonfiction book that answered her most recent one: “Why do we get the hiccups?”

Now Kara keeps a list of questions she thinks of. When we visit the library, we look up the answers. Our research is turning out to be far more educational—and more fun—than asking my phone to answer Kara’s questions. For instance, I help her type her topic into the library database, and we look at the list of suggested books. Then the librarian points us toward the section where we can find what we need.

 Kara is learning her way around the library, and she’s even learning to use a book’s index to locate the information she’s looking for.

Our Purpose

To provide busy parents with practical ways to promote their children’s reading, writing, and language skills.

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Motivated to read

Reading for pleasure is one of the most important ways for your child to build the skills he needs for school success. Get him into the reading habit this year with these ideas.

Find an “in”
Choose a book you think your youngster will enjoy — say, one about a boy his age who is short like he is. Read the first chapter or two aloud to him, and then ask him to read the next one. Don’t be surprised if he gets hooked on the story and finishes reading it on his own!

Become a team
Pick a new hobby to try with your child, and team up to learn everything you can about it. The two of you might get into stamp collecting or photography. Check the library for collectors’ guides or how-to books related to your hobby.

Use pictures
Colorful illustrations make picture encyclopedias and coffee-table books hard to resist. Your youngster can explore kid-friendly topics like animals and sports. Leave the books around the house, perhaps on your child’s nightstand or an end table. The pictures may spark his interest in reading the words.

Think outside the book
Reading doesn’t always have to mean books. Is your youngster a movie buff? Let him read film reviews before you head to the theater. Does he like board games? Steer him toward trivia games that require players to read and answer questions.

Let’s agree!
It’s important for subjects and verbs to agree — just as it’s important for your child to get along with others! Share these tips and strategies to help your youngster choose the correct verb:

- A singular subject (except I and you) gets a singular verb. Have your child pick a sentence from a book and read it with and without the s at the end of the verb. Example: “John skates around the rink.” “John skate around the rink.” The subject (John) is singular, so the verb (skates) is singular, too.
- Even if the subject and verb are separated by other words, they still have to agree. Suggest that your youngster ignore the words between the subject and verb to make sure she selected the right verb. “The boy with the dogs walks by our house every day.”
The elements of a story

Your youngster has been asked to write a story. She has a topic in mind but isn't sure how to begin. Sound familiar? Have her consider these story elements to get her creative-writing juices flowing.

Theme. The theme is the "big idea," which is different from the topic. For example, if your child's story is about a girl who is new at her school, the theme could be courage or perhaps

Read, write, and get involved

Did you know that your youngster can gain reading, writing, and speaking skills by joining after-school activities? Suggest that he check out extracurriculars like these.

Student council
Your child will practice persuasive and explanatory writing when he composes speeches, creates campaign posters, or takes minutes at meetings. And giving speeches is good experience for oral presentations in class.

Publications
Working on a school newspaper, yearbook, or literary magazine offers lots of reading and writing opportunities. Your youngster will write questions for interviews, conduct research for articles, or write stories or poems to be published.

School plays
Memorizing his lines and saying them with expression can make your child a smoother reader. He'll also become familiar with dialogue, narration, and stage directions.

Create word chains
Making "chains" of related words is a fun way to stretch your child's vocabulary. Play this game together, and see how many words you can link!

Have your youngster think of a category that's related to something he's learning in school (say, ancient Egypt). To start the game, he says a word that fits his category (pyramid). The next player says another word that goes along with the category. But there's a catch! Each new word has to begin with the last letter of the one before it.

A word chain for ancient Egypt, for example, could be: "pharaoh, hieroglyphics, sphinx." Continue calling out words until someone can't think of a new one. The last player to come up with a word picks the next category.

Making sense of graphics

Q: My daughter tends to skip over graphics, such as charts and diagrams, when she reads a textbook. What do you suggest?
A: Point out that graphics work as a team with words to help her understand subjects like math, science, and history. She can become more comfortable with these textbook features by reading and using graphics that appear in everyday life. For example, the nutrition-facts box on her favorite snack contains a chart with useful information. Suggest that she slide her finger across rows and down columns to keep her place as she reads. Explain that she'll need to read the whole thing—"120 calories per serving" is useful only if she knows the serving size.

Also, have her practice using diagrams at home by following them to build toys or to help assemble furniture. She'll see that a visual image makes it much easier to understand the instructions.