

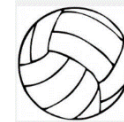
The Keystone Oaks School District provides a free program of athletic activities for residents of the District. Programs are designed to develop the skills of the activity along with strength, flexibility and endurance. The programs also provide an opportunity for students to play in a safe environment under qualified supervision.

Registration takes place at the site of the activity any day that it is offered.

Summer Program schedules are subject to change based on attendance and weather conditions etc.

There will be NO summer program on June 20th (Kennywood Day) or Fridays

Please contact the Athletic Office at 412.571.6046 should you have any questions or need any additional information.



KEYSTONE OAKS SUMMER SPORTS PROGRAM 2018



KEYSTONE OAKS

BASEBALL

HS Softball Field

June 18th and 19th rain date 21st

Ages 6-9 Mon. Tue. 9:00 A.M. – 11:00 A.M.

Ages 10-14 Mon. Tue. 11:30 A.M. – 1:30 P.M.

Focus on fundamentals Games will be played

BOYS' BASKETBALL

High School Gym

June- July

Tue/Thur 7-9 HS gym

Grades 9-12

Sat 11am

Contact Coach McGivney philmcgivney@gmail.com

Focus on Skills, Team Concepts, League Play and Shoot-outs

GIRLS' BASKETBALL

High School Gym

July 9th – July 12th

5-7pm

Grades 3-8

Contact Coach Ron Muszynski ronmusz111@gmail.com

Focus on fundamental skill development. Modified game play

FOOTBALL

HS Weight Room & Field

June 11th – July 27th

M/W 9:00 -10:00 AM Track

Grades 9 – 12

10:00-11:30 AM Weight Room

T/TH 2:30 – 5:30 PM Stadium

6:00 – 7:15 PM Weight Room

Contact Coach Greg Perry at gperry@kosd.org

GOLF

Grades 9-12

Camp for beginners to advanced players. Email Coach Sarchet for details @ sarchet@kosd.org

BOYS' SOCCER

June 18, 19, 21, 25, 26, 27, 28 M-Thurs. 6-8pm *Dormont Stadium*

Grades 9– 12

Contact Sotiri.tsourekis@gmail.com

Focus on fundamentals including small side games. Bring soccer ball, soccer shoes, shin guard, running shoes and water

WRESTLING

June- July

HS Wrestling Room

Grades 6-12

Contact abell@kosd.org for days and times

Focus on fundamentals of wrestling including strength & endurance

SUMMER SPORTS PROGRAM

GIRLS' SOCCER

Dormont Stadium

June 19th – July 24th

Grades 7-12

Tues.

6 PM – 8 PM

Contact kandrack@kosd.org

Focus on individual and group skills. Bring ball, shoes, shin guards and water.

TENNIS

MS Tennis Courts

July 9 – July 13

Monday-Friday

Grades 6-8

9am – 10:00am

Grades 9-12,

10:00am– 11:30

Contact frsp0387@aol.com

Fundamentals for beginners & advanced players. Bring your own racket.

GIRLS' VOLLEYBALL

High School Gym

June 18th- July 26th

Mon., Wed., & Thurs.

Grades 9 - 12

5:00 PM – 7:00 PM

Contact mioleary3@gmail.com

CROSS COUNTRY & ELEMENTARY RUNNING CLUB

July 10, 12, 17, 19

HS/MS Track

Elementary Students

8:30 AM – 9:30 AM

MS/HS Students

9:30 AM – 10:30 AM

Contact fritz@kosd.org

Program will focus on fundamentals of running. Wear proper running shoes and attire.

GIRLS' SOFTBALL

HS Softball Field

August 8, 15, 22

Tuesdays 6:00 PM-8:00 PM

Pitchers and catchers. Pitchers bring someone to catch for you if you can. Catchers bring your own gear

August 9, 16, 23

Wednesdays 6:00 PM – 8:00 PM

Hitting, fielding and base running

Please bring your own glove, bat, spikes, etc. Also bring a drink

Contact mark.kaminski@builders-hardware.net

There will be NO Summer Program on June 20th (Kennywood Day) or Fridays