

The Keystone Oaks School District provides a free program of athletic activities for residents of the District. Programs are designed to develop the skills of the activity along with strength, flexibility and endurance. The programs also provide an opportunity for students to play in a safe environment under qualified supervision.

Registration takes place at the site of the activity any day that it is offered.

Summer Program schedules are subject to change based on attendance and weather conditions etc.

There will be NO summer program on June 21st (Kennywood Day) or Fridays

Please contact the Athletic Office at 412.571.6046 should you have any questions or need any additional information.



KEYSTONE OAKS SUMMER SPORTS PROGRAM 2017



KEYSTONE OAKS

BASEBALL

HS Softball Field

June 13th, 14th and 15th

Ages 6-9 Tue. – Thur. 9:00 A.M. – 11:00 A.M.

Ages 10-14 Tue. – Thur. 11:30 A.M. – 1:30 P.M.

Focus on fundamentals Games will be played

BOYS' BASKETBALL

High School Gym

June 19th – July 27th

Dates and Times TBD

Grades 7-12

Contact Coach

Focus on improving fundamentals. Structured game play.

GIRLS' BASKETBALL

High School Gym

July 10th – July 13th

5-7pm

Grades 3-8

Contact Coach Ron Muszynski ronmusz111@gmail.com

Focus on fundamental skill development. Modified game play

FOOTBALL

HS Weight Room & Field

June 13th – July 28th

M/W 9:00 -10:00 AM Track

Grades 9 – 12

10:00-11:30 AM Weight Room

T/TH 2:30 – 5:30 PM Stadium

6:00 – 7:15 PM Weight Room

Contact Coach Greg Perry at gperry@kosd.org

GOLF

Grades 7-12

Camp for beginners to advanced players. Email Coach Sarchet for details @ sarchet@kosd.org

BOYS' SOCCER

June 19, 20, 22, 26, 27, 28, 29 M-Thurs. 6-8pm *Dormont Stadium*

Grades 9– 12

Contact Sotiri.tsourekis@gmail.com

Focus on fundamentals including small side games. Bring soccer ball, soccer shoes, shin guard, running shoes and water

WRESTLING

June 19th – July 19th

Mon. & Wed.

HS Wrestling Room

Grades 6-12

4pm-6pm

Contact alharris0703@yahoo.com

Focus on fundamentals of wrestling including strength & endurance

SUMMER SPORTS PROGRAM

GIRLS' SOCCER

Dormont Stadium

June 19th – July 25th

Grades 7-12 Tues.

6 PM – 8 PM

Contact kandrack@kosd.org

Focus on individual and group skills. Bring ball, shoes, shin guards and water.

TENNIS

MS Tennis Courts

July 31-August 2, August 7-9

Monday-Wednesday

Grades 6-8

9am – 10:30am

Grades 9-12,

10:30am– noon

Contact frsp0387@aol.com

Thursday's for rain dates

Fundamentals for beginners & advanced players. Bring your own racket.

GIRLS' VOLLEYBALL

High School Gym

June 19th – July 27th

Mon., Wed., & Thurs.

Grades 9 - 12

7:00 PM – 9:00 PM

Contact mioleary3@gmail.com

CROSS COUNTRY & ELEMENTARY RUNNING CLUB

July 11, 13, 18, 20, 25 and 27

HS/MS Track

Elementary Students

8:30 AM – 9:30 AM

MS/HS Students

9:30 AM – 10:30 AM

Contact fritz@kosd.org

Program will focus on fundamentals of running. Wear proper running shoes and attire.

GIRLS' SOFTBALL

HS Softball Field

August 8, 15, 22

Tuesdays 6:00 PM-8:00 PM

Pitchers and catchers. Pitchers bring someone to catch for you if you can. Catchers bring your own gear

August 9, 16, 23

Wednesdays 6:00 PM – 8:00 PM

Hitting, fielding and base running

Please bring your own glove, bat, spikes, etc. Also bring a drink

Contact mark.kaminski@builders-hardware.net

**There will be NO Summer Program on June 21st
(Kennywood Day) or Fridays**