

The Keystone Oaks School District provides a free program of athletic activities for residents of the District. Programs are designed to develop the skills of the activity along with strength, flexibility, and endurance. The programs also provide an opportunity for students to play in a safe environment under qualified supervision.

Registration takes place at the site of the activity any day that it is offered.

Summer Program schedules are subject to change based on attendance and weather conditions etc.

There will be NO summer program on June 22nd (Kennywood Day) or Fridays

Please contact the Athletic Office at 412.571.6046 should you have any questions or need any additional information.



KEYSTONE OAKS SUMMER SPORTS PROGRAM 2016



KEYSTONE OAKS

BASEBALL

HS Softball Field

June 27th, 28th and 29th

Ages 6-9 Mon. – Wed. 9:00 A.M. – 11:00 A.M.

Ages 10-14 Mon. – Wed. 11:30 A.M. – 1:30 P.M.

Focus on fundamentals Games will be played

Contact Coach Scott Crimone crimone@kosd.org

BOYS' BASKETBALL

High School Gym

June 13th – July 28th

Grades 7-12

Contact Coach Dan Elzer elzerdd@yahoo.com

Focus on improving fundamentals. Structured game play.

GIRLS' BASKETBALL

High School Gym

July 25th-28th

Mon.-Thurs. 5-7 PM

Grades 3-12

Contact Coach Ron Muszynski ronmusz111@gmail.com

Focus on fundamental skill development. Modified game play

Football

HS Weight Room, Stadium & PracticeField

June 13th – August 4th M/W 9:00 -10:00 AM Track

Grades 9 – 12 10:00-11:30 AM Weight Room

T/TH 2:30 – 5:00 PM Stadium

5:00 – 6:15 PM Weight Room

Contact Coach Greg Perry at gperry@kosd.org

GOLF

Grades 7-12

Camp for beginners to advanced players. Email Coach Shane Rice for details @ Vardon24@gmail.com

BOYS' SOCCER

June 13, 14, 15, 16, 20, 21, 23, 27

Dormont Stadium

Grades 7 – 12

Mon –Thurs. 6-8 PM

Contact Sotiri Tsourekis sotiri.tsourekis@gmail.com

Focus on fundamentals including small side games. Bring soccer ball, soccer shoes, shin guard, running shoes and water

WRESTLING

June 14th – July 7th Tues. & Thur. *HS Wrestling Room*

Grades 6-12

Contact Andy Bell abell@kosd.org

Focus on fundamentals of wrestling including strength & endurance

SUMMER SPORTS PROGRAM

GIRLS' SOCCER

Dormont Stadium

June 14th – July 26th

Grades 7-12 Tues.

6:00 PM – 8:00 PM

Contact Daniel Kandrack kandrack@kosd.org

Focus on individual and group skills. Bring ball, shoes, shin guards and water.

TENNIS

MS Tennis Courts

August 1st – 4th, August 7th-10th

Monday-Thursday

Grades 6-8

Noon – 1:30 PM

Grades 9-12,

1:30 PM – 3:00 PM

Contact Coach Dave Bender tvbdave@aol.com

Fundamentals for beginners & advanced players. Bring your own racket.

GIRLS' VOLLEYBALL

High School Gym

June 20th – July 29th

Mon., Wed., & Thurs.

Grades 9 - 12

7:00 PM – 9:00 PM

Contact Ben Van Bahlen bvanba15@yahoo.com

CROSS COUNTRY & ELEMENTARY RUNNING CLUB

July 5, 7, 12, 14, 19, 21, 26 and 28

HS/MS Track

Elementary Students

8:30 AM – 9:30 AM

MS/HS Students

9:30 AM – 10:30 AM

Contact Judi Fritz fritz@kosd.org

Program will focus on fundamentals of running. Wear proper running shoes and attire.

GIRLS' SOFTBALL

HS Softball Field

August 9, 16, 23

Tuesdays 6:00 PM-8:00 PM

Pitchers and catchers. Pitchers bring someone to catch for you if you can. Catchers bring your own gear

August 10, 17, 24

Wednesdays 6:00 PM – 8:00 PM

Hitting, fielding, and base running

Please bring your own glove, bat, spikes, etc. Also bring a drink

Contact Mark Kaminski mark.kaminski@builders-hardware.net

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(Kennywood Day) or Fridays**